

## Ipswich Trail Days 2010 5K Results 6-12-10

Richard Keroack 16:48  
Barry Wood 20:10  
Mikayla Barondeau 20:14  
Derek Barondeau 20:53  
Michelle Wolf 21:52  
Cassius Pond 22:28  
Brad Marks 22:46  
Eduardo M 23:36  
Kevin First 23:48  
Tori Moore 24:09  
Rich Bachmeier 24:09  
Jodi Bush 25:25  
Crystal Thorson 25:49  
Ryan Bakeberg 25:54  
Amanda Truenbach 27:26  
Rose Marie Hawk 27:52  
Melissa Larson 29:05  
Judy Waldman 29:43  
Tamra Peschong 29:51  
Amy Simon 30:05  
Aimee Wiedebush 30:20  
Helen Torrence 31:04  
Kalle Kuether 32:05  
Kristin Outtrim 34:45  
Cherri Brick 35:25  
Tracy Loken 39:05  
Val Schulz 48:48  
Paul Holdhusen 52:05

### 1 mile Results

Billy Torrence 8:12  
Katie Torrence 8:15  
Emily 8:25  
Levi 8:33  
Kamryn Heinz 8:46  
Avery Sylte 8:46  
Robyn Olson 9:02  
Halle Heinz 9:41  
June Heinz 9:50  
Josie Sytle 10:01  
Heidi Sytle 10:05  
Jessica Sytle 10:05  
Michael Olson 12:41  
Carol Pond 15:26

